

Tromsø, 30 January 2024

Subject: Motivation Letter for Research Stay at NUS/CIL

To: UiT-The Arctic University of Norway, Law Faculty, Forskningsutvalget

Dear Madam/Sir,

I am hereby applying for a research visit, in accordance with the rules set out by UiT – Law Faculty for PhD Fellows/stipendiater for a three-month research stay from October to December 2024. I am wishing to visit the National University of Singapore/Centre for International Law (NUS/CIL) in Singapore, as part of my Ph.D. dissertation.

The focus of my research aligns with the expertise offered by NUS/CIL, particularly in the legal framework governing shipping. Since my PhD thesis is about shipping regulations and the ecosystem approach, I believe that a visit to NUS/CIL will provide invaluable insights, allowing me to deepen my understanding of pertinent issues. Access to the extensive library resources and engaging with the researchers working at CIL in areas relevant to my research will undoubtedly enhance the quality and depth of my work.

I must also note that this research visit will provide further strengthening of the already existing partnership between NCLoS and CIL. I am confident that this research stay will not only be a valuable asset to my project but also a mutually beneficial collaboration between our institutions.

Thank you for considering my application.

Sincerely,

Konstantinos Deligiannis Virvos

A handwritten signature in black ink, consisting of the letters 'K' and 'B' intertwined, with a long horizontal stroke extending to the right.

12 January 2024

**Object: Supervisor's recommendation for Research stay**

Dear Lise Beate Mikalsen,

This is to express my recommendation regarding Konstantinos Deligiannis Virvos' funding application for a research stay at the NUS/CIL, Singapore, for the purpose of his PhD dissertation.

Konstantinos is planning to visit NUS/CIL for a three-month long research stay in fall 2024 (October-December 2024). Having known the excellent academic environment of NUS/CIL and after examining this potential, I agree that the proposed stay will be an asset for his project. Given the NCLOS – CIL partnership agreement, such a research visit will be also beneficial for our excellent relationship with NUS/CIL.

Given the topic of his research and the leading position of NUS/CIL in research concerning international and national regulation of shipping, I consider that a visit at NUS/CIL in Singapore will be beneficial. It will allow Konstantinos to enrich his knowledge on the legal framework governing shipping, and give him access to the library and an academic environment with strong competence in issues that are of interest for his research.

Sincerely yours,



Maria Madalena das Neves  
Associate Professor

## Estimated Budget for a 3 month research stay in Singapore

<b>LIVING/WORKING EXPENSES, MONTHLY</b>	<b>SDollar</b>	<b>NOK</b>
Rent, one person apartment	≈2.000	≈15.540
Rent, two people apartment	≈3.000	≈21.760
Transportation, bus and train	130/person	≈ 1.010/person
Utilities (electricity, internet, water)	300	≈2.330
Mobile communication	30/person	≈ 233/person
Subsistence expenses	500/person	≈3.885/person
<b>TOTAL</b>	<b>1 person: 2.960 2 people: 4.920</b>	<b>1 person: ≈23.000 NOK 2 people: 38.300 NOK</b>

<b>TRAVELING COSTS</b>		
Tur-retur flight from Tromsø to Singapore	-	≈ 10.000/person
Travel/health insurance for 3 months		≈2.000/person
<b>TOTAL</b>	-	<b>12.000/person</b>

### Comments:

Please note that the presented costs are an estimation, based on online sources and personal needs. The estimated budget might also evolve according to inflation and other circumstances. I have used the current exchange rate provided for by <https://www.google.com/finance/quote/SGD-NOK?sa=X&ved=2ahUKEwiso-XM5eGDaxW6XfEDHSZqC5AQmY0JegQIBhAv>

*Family expenses:* my partner is considering joining me during the exchange period, provided that funding can be obtained, and the administration will agree with her being out of office for 3 months. Therefore, I put estimated expenses for 1 and 2 people. Please note that regarding accommodation, the yellow panel is for two people.

### Sources:

<https://www.pilotoasia.com/guide/cost-of-living-in-singapore>

<https://www.expatistan.com/cost-of-living/country/singapore>

<https://www.numbeo.com/cost-of-living/in/Singapore>

<https://www.naa.edu.sg/prospective-students/international-students/living-in-singapore/#:~:text=An%20international%20student%20in%20Singapore,lifestyle%20and%20course%20of%20study.>

3 January 2024

Mr Konstantinos Virvos  
Arctic University of Norway  
Faculty of Law, UiT - The Arctic University of Norway  
Email: [konstantinos.d.virvos@uit.no](mailto:konstantinos.d.virvos@uit.no)

Dear Mr Konstantinos Virvos,

**Letter of invitation to be a Visiting Global Scholar at the Centre for International Law-  
National University of Singapore**

On behalf of the Centre for International Law (CIL) of the National University of Singapore (NUS), I would like to officially invite you to visit CIL as a Visiting Scholar, October - December 2024.

The purpose of the visit is for you to carry out research on your PhD thesis on 'The Implementation of the Ecosystem Approach in Shipping' and interview experts from the Maritime & Port Authority, the Singapore Maritime Institute, the Singapore Shipping Association, etc.

We are advised that your visit will be fully funded by your institute. For your visit to Singapore, CIL is pleased to offer you an office space at CIL (NUS Bukit Timah Campus) and the library facilities during your time here.

We look forward to welcoming you in Singapore.

Yours sincerely,



Nilufer Oral  
Director, Centre for International Law