

## Project Title: Follow Your Heart: A co-created approach to ecological and emotional education and research

### Description of the project

Emily Murray, Valentina Russo and Margherita P. Poto have developed the open access book and the project '**Follow Your Heart. The School for Multipotentialites**' (La Bussola, Aracne, 2022), as a complementary and additional research and education activity of the main HKDIR-funded project **ECO\_CARE** (<https://en.uit.no/project/ecocare>).

### Aim

The aim of the project to develop a complementary research approach, as well as a learning co-created toolkit, for dissemination and implementation research in connection with the ECO CARE research and education vision of a participatory approach to research and education. Strongly underpinned by the research and education experience of the authors, the resource follows a tripartite structure featuring (1) a fully illustrated story to give a visual representation of multipotentiality; (2) the methodological steps to the co-creation of the book and the theoretical concepts that support this teaching philosophy; and (3) an activity section with suggestions on how to implement emotional literacy and foster multiple talents in the classroom. Testing the toolkit, further developing the research around co-creation in ecological and emotional education, and disseminating the research results are the three main aim of this project.

### Beneficiaries

The target groups for the toolkit are researchers, educators and students in the field of sustainability, environmental law and education.

### Project activity

In particular, the Strategiske Midler funding 2023 will support activities connected to the dissemination and communication of the research results respectively via scientific publications and media (with the creation of educational content).

### Expected project results:

1. Web and media content (via ECO CARE youtube channel, Instagram account, website and blog)
2. n. 1-2 peer-reviewed interdisciplinary co-authored publications
3. n. 1 workshop in presenting the project results (late Spring 2023)

### Funding requested, including budget (specified by activities/institutions/own institutional funding)

Cost for 1 workshop	20000 NOK
Editing	10000 NOK
Scholarships for project collaborators (2)	30000 NOK
<b>TOTAL</b>	<b>60000 NOK</b>

### Costs are allocated as follows:

- costs of videomaking and editing for the workshop, accommodation costs, cost for renting the workshop room
- editing work, preparation of the materials, printing of learning props for the toolkits
- 2 scholarships for researchers involved in the activities: in particular one collaborator will contribute to the dissemination and communication of the project results by developing media content (English native speaker) and the other collaborator will support us with illustrated materials and video-documentaries